

Concussion Protocol

Return to Academics Following Head Injury - Graduated Reentry Plan



Student Name		Grade	Date of Initial Injury
Level		Progression	Description
1		Home- total rest	NO mental exertion, video games, phones, computers, driving or homework
2		Home- light mental activity	Up to 30 minutes mental exertion NO prolonged concentration , Stay at home
Progress to next level when able to handle up to 30 minutes of mental exertion without worsening symptoms			
3	School- Part time Maximum Accommodations Shortened Day Schedule	Have quiet space for scheduled mental rest, no significant classroom or standardized testing. NO screen or Smartboard use. Modify rather than postpone academics. Provide extra time, extra help and assignment modification. No extracurricular activities, athletics or physical education.	
Progress to next level when able to handle 30-40 minutes of mental exertion without worsening symptoms			
4	School - Part Time or Modified Full Time Moderate Accommodations	NO standardized testing, modified classroom testing. NO screen use or Smartboard use. Moderate decrease of extra time, extra help and assignment modification. No extracurricular activities, athletics or physical education.	
Progress to next level when able to handle up to 60 minutes of mental exertion without worsening symptoms			
5	School- Full Time Minimal Accommodations	NO standardized testing, routine tests ok. Screen & Smartboard use limited. Continue to decrease extra time, help and modification of assignments. May require more supports in academically challenging subjects. No extracurricular activities, athletics or physical education.	
Progress to next level when able to attend all class periods in succession without worsening symptoms and has clearance for return to full academics and athletics from healthcare provider			
6	School- Full Time Full academics No accommodations	Attends all classes without restrictions. Graduated re-entry to extracurricular activities, athletics and physical education following CDC Return to Play Progression Screen & Smartboard use as tolerated. Full homework	

Remember – progression is individual, all concussions are different. Student may start at any step and remain there as long as needed. Return to previous step if symptoms return.